



## 2018 Spring Junior Tennis Registration Form Session#2 April 23 – May 27

**Return this form to the front desk, register online**  
<https://easytoenroll.ymcawashdc.org> or e-mail form to [bcc.tennis@ymcadc.org](mailto:bcc.tennis@ymcadc.org)

Junior's Name: \_\_\_\_\_ School: \_\_\_\_\_  
 Phone number: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**Circle membership type:**      Full member      Program Member

**Circle your Program:**    Tennis Whizz    Red    Orange    Green    Yellow

**Day(s) of week:** \_\_\_\_\_

**Payment Information:**

Amount: \_\_\_\_\_      CC #: \_\_\_\_\_      Exp. Date: \_\_\_/\_\_\_

\*If paying by check, please remit amount to the YMCA Bethesda-Chevy Chase and return or send to the front desk.

**Parent Information**

First Name: \_\_\_\_\_      Last Name: \_\_\_\_\_

Phone number: \_\_\_\_\_      Email: \_\_\_\_\_

YMCA Disclaimer: I understand the nature and scope of the program listed. I understand that there are risks and dangers associated with the program. I understand that it is not the function of the YMCA Metropolitan Washington its employees, agents, operators or instructors to guarantee the safety of participants with respect to the program above. I also understand that each participant has the responsibility to exercise due care in the performance of the activities/program for the safety of himself/herself and the other participants. In consideration of the participants being permitted to enroll in the program, I hereby release, indemnify and hold harmless the YMCA, its employees, contractors, subcontractors, operators and instructors from any and all claims and demands, costs, charges and expenses for harm, injury, damage or loss which may be sustained by the participant as a result of, or relating to, participation in the program above. Refunds will only be given for medical reasons (physician's notice may be required for a medical refund). I have read and understand the above liability.

\_\_\_\_\_  
 Signature (to be signed by student or if a child by student's parent)

Date: \_\_\_\_\_



## YMCA Junior Tennis Bethesda-Chevy Chase



Prices listed are for one class per week for five weeks. Players must register for one class per week and are encouraged to register for an additional day to maximize their improvement.

### Tennis Whizz! (Ages 3 & 4)

Created in the UK, Tennis Whizz has been hailed as the most complete preschool tennis program ever developed. Classes are led by a dynamic instructor who takes both parents and children on amazing adventures that aid in developing the fundamental athletic base needed to be successful in any sport. This class is run in a "Parent and Me" tennis format, which means parents or guardians should participate in the learning process.

Court: 36' Red Court  
Ball: Foam  
Racquet: 19" length

Saturday or Sunday	9:00 – 9:45 am	Full Member \$70	Program Member \$85
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### Red (Ages 5-7)

Players learn basic technique and accuracy while developing athletic skills in a fun environment. Players use racquets sized for small hands and, while playing on a small court, use slower balls that are easier to hit, building confidence in their game.

Court: 36' Red court  
Ball: Red  
Racquet: 19", 21" or 23" length

Monday or Wednesday	5:00 – 6:00 pm	Full Member \$85	Program Member \$100
Saturday or Sunday	10:00 – 11:00 am	Full Member \$85	Program Member \$100

### Orange (Ages 8-10)

Players develop stroke technique and court coverage and will improve shot pace, spin, height, and depth by increasing racquet-head speed. Players will also focus on their service and return game by developing greater serve spin, power, and control while learning to better read the opponent's serve.

Court: 60' Orange Court  
Ball: Orange  
Racquet: 23" or 25" length

Tuesday or Thursday	4:30 – 6:00 pm	Full Member \$145	Program Member \$165
Saturday or Sunday	11:00 am – 12:30 pm	Full Member \$145	Program Member \$165

## Green (Ages 10-12)

Using a rally based curriculum, players will learn how to properly position themselves to hit ground strokes and volleys with tactical purpose. Players will refine footwork patterns, awareness, and spin mechanics on both the serve and ground strokes. Players will be better able to execute patterns of play, vary the spin and depth of their shots, and select the correct footwork pattern to strike the ball using their "weapon" to exploit weaknesses in their opponent's game.

Court: 78' full size  
Ball: Green Dot  
Racquet: 25" or 26" length

Monday or Wednesday	3:30 – 5:00 pm	Full Member \$170	Program Member \$185
Saturday or Sunday	1:00 – 2:30 pm	Full Member \$170	Program Member \$185

## Yellow (Ages 13+)

Players learn to build an athletic base while teaching the fundamentals necessary to serve, rally and score using a play based curriculum. This class focuses on developing sending and receiving skills, sound footwork and racquet mechanics. Players learn how to properly position themselves to execute ground strokes and volleys with a purpose.

Court: 78' full size  
Ball: Yellow  
Racquet: 27" full size

Monday or Wednesday	3:30 – 5:00 pm	Full Member \$170	Program Member \$185
Saturday or Sunday	1:00 – 2:30 pm	Full Member \$170	Program Member \$185

## General Information

**For Additional Information:** Contact Director of Tennis Michael Vann by e-mail [bcc.tennis@ymcadc.org](mailto:bcc.tennis@ymcadc.org) or call (301) 530-3725

**Make Up Policy:** Offered to Full Members only and limited to two classes per session, which cannot be carried over to the next session. Contact Michael Vann to schedule make up classes.

**Rain Policy:** If class is cancelled due to inclement weather, it will be rescheduled subject to the make up Policy and court availability

**Minimum:** A minimum of 4 per class is required for clinic to take place