

JTCC's Champions

Full-Time & After School Champions



Junior Tennis Champions Center

2014-2015 Overview & Application

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College Park, MD, 20740

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www.jtcc.org | www.cptennisclub.com

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OVERVIEW & APPLICATION

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Any questions about the program should be directed to JTCC Program Manager Marco Impeduglia, mimpeduglia@jtcc.org, 301-779-8000 ext. 108.

Background

JTCC strives to be the best junior tennis training program in the world. The not-for-profit Champions Center has an unwavering commitment to developing tennis champions who uphold the highest competitive, ethical and personal values on their way to realizing their full potential. The Champions program uses tennis as a vehicle for educating young people, from their introduction to the game to top tier collegiate and professional competition. JTCC develops champions on and off the court, "Champions for life".

- JTCC's goal is to identify talented and highly motivated young people and teach them to excel on the tennis court and in the classroom. Every student who has graduated from the program has received a scholarship to a Division I school or a facilitated acceptance at a Division III or Ivy League school.
- The core of the JTCC philosophy is the personalized mentoring that every student athlete receives. An important element is that character development is at least as important as athletic performance. Each player in the program has a primary coach-mentor who oversees the player's training and general development.
- Every student in the program receives extensive physical training designed by our world class strength and conditioning coach. This personalized tennis-specific fitness training gives our players a competitive edge.
- Players are tested and evaluated at specific points in the year regarding physiological aspects of tennis performance. These include coordination, balance, agility, power and speed. Individual profile assessments are generated by our exercise physiologist and provide an important base for each players training regimen.
- Players receive guidance and competitive training from our certified sports psychologist throughout the year. Our coach-mentors are very involved in selecting the areas of mental training emphasis for the players.
- JTCC was named the first United States Tennis Association (USTA) Regional Training Center by the USTA, tennis' national governing body. It was awarded the USTA Development Program of the Year, the USTA Organization of the Year, and the USTA Facility of the Year in 2013.

Academics

- The Champions Center places academic achievement on a par with athletic performance. Participation in the tennis program is contingent on good academic standing.
- To enable students to participate in more rigorous training schedules, JTCC provides college preparatory education at an on-site school with two highly qualified and committed full-time instructors and a comprehensive and nationally accredited online curriculum. Students must have at least a 2.0 GPA to gain acceptance into JTCC and maintain a 2.5 GPA after the first year. **Players must submit their report cards on a quarterly basis.**

Mentoring

- The most unique and important part of our program is our mentoring. The coach-mentor for each player in the Champions Program is responsible for the total development of that player on and off the court. The coach-mentor will have a personal file for each of his mentees. These files will help the coach track and plan the training, academic, and general character development of each player. The coach-mentor will also recommend a tournament schedule for the player, oversee video analysis of strokes and match play, and meet twice formally with the parents and player to report on the player's progress. Coaches will also oversee the player's community service participation, in addition to tackle issues such as competing with integrity, self-esteem, diet, parental involvement, and time management. We believe our mentoring relationships foster a community of values, and encourage our players to become mentors in their own communities.

Athlete Management System

- This system of social networking software was designed for improving our lines of communication between players, coaches, and parents. Coaches will be able to access and edit the profiles of their own players and parents. In the players' profiles, coaches will be able to upload their assessments of each player that include a player development plan, fitness report, monthly tennis report, tournament schedule, and tournament evaluation report. The player's profile will be equipped with Dartfish video-capabilities so players can view their uploaded stroke analysis videos. The athlete management system will additionally offer a master calendar for players and coaches to view JTCC's upcoming special events and tournaments. Parents will have access to their child's profile for their personal viewing purposes. In addition, players and parents will receive email notifications and updates on uploaded reports and special events at the tennis center. Once you submit your packet, you will receive your AMS log in information to activate and view your account.

Community Service

- We are committed to involving our players in community service and volunteerism. Our community service often takes place in the form of student-to-student coaching or peer mentoring. The community service aspect of the Champions Program is an obligation for all players in the program and each player is required to participate in the community service projects and **must complete a minimum of 30 hours over the course of the year**. The coach-mentor will monitor the player's progress towards this goal, and will approve outside service opportunities to count towards JTCC requirements. We will keep parents and students up to date on different community service opportunities that are provided by the Champions Program throughout the course of the year.
- JTCC has a partnership with the Washington, DC Department of Parks and Recreation, which will create many opportunities for our players to give back to children that otherwise would not be able to participate in tennis.

Housing

- Players in the Champions Program have the option of staying in the DC area with a family of another student in the program. Host families will provide breakfast, dinner, and transportation daily. By living with area families, visiting students enjoy an environment focused on tennis and educational development. More information about the housing program is available on request.

College Counseling

- Juniors and seniors in the Champions Program will receive guidance through the college selection process. Players will receive experienced input from our management staff through each step of the recruiting process from making a college video to communication with coaches and college visits. Each player will have access to an extensive network of college coaches to ensure they find the best possible tennis fit at the most competitive academic school.

Tennis Training

- The tennis training is overseen by the JTCC High Performance staff, led by Senior Director of Tennis Vesa Ponkka and Senior Director of High Performance Frank Salazar, is structured primarily as peer or group training. Groups of three to four players of similar age, ability and work ethic train together, under the supervision of their coach-mentor as much as possible. The training sessions are dictated by the theory of Periodization Training. The training cycle consists of the following periods:

Fundamentals Training: New concepts are introduced along with long term technical changes. The training will focus on high intensity and high repetition.

Tournament Preparation Training: Short term and small technical adjustments are made. The focus will be on competition tactics and strategy.

Tournament Peak Training: Lots of grooving the strokes to maintain sharpness and a high level of play. The focus is to remain sharp without overworking in preparation for competition.

Active Rest Training: Low tempo and low quantity of practice. The idea is to recover after periods of intense training and play.

Depending on the training period, practices will consist of different proportions of dead-ball drilling, live-ball hitting, situational point play, and match play. The timing of these cycles will be different for different players in the program, and the coach-mentor will ensure that each player is maximizing their training time. Players are expected to maintain a tennis journal that the coach-mentors will check periodically, to help track the training and progress of each player.

Training with JTCC Senior Advisors: Our advisors work closely with our staff and players when on site.

Mats Wilander – Former world #1, seven Grand Slam singles titles, inducted into the International Tennis Hall of Fame in 2002.

Pat Etcheberry – Sports fitness expert, trained athletes with over 90 collective Grand Slam titles.

Vic Braden – Certified sports psychologist, regarded as one of the best tennis coaches in the world.

Fitness Training

- The fitness training is overseen by Senior Director of Fitness Frank Costello and Assistant Director TC Costello. Like the tennis training, the intensity, focus, and duration of the physical training varies depending on the period of training in our players' tournament cycle. The fitness training consists of speed and agility training, strength training, endurance training, tennis specific footwork exercises, balance exercises, and dynamic and static stretching for flexibility and injury prevention. Our goal is for each student to connect what happens in the gym and on the track with efforts and results on the court. Ultimately, this training makes our players more effective in competitive situations and better athletes overall. Players will be tested in specific speed, strength, and agility settings to monitor their development over the course of the year. Additionally, we are pleased to offer yoga sessions led by a professional yoga instructor on Thursday afternoons to improve players' flexibility, strength, and body control.

Mental Training

- Each player will receive mental training throughout the year. Each semester, the coaches choose areas of mental training emphasis for the players in the Champions Program. These areas include, but are not limited to breathing techniques, rituals, focus, training and competition mentalities, body language, and different situational techniques such as "playing the score". The mental training takes place **both on and off court**. There will be periodic evening training seminars designed for the players and parents.

Program Descriptions

Full Time Program

- Players will participate in a minimum of four hours of rigorous training every day. This training will be broken up into morning and afternoon practice sessions. The timing of the practice schedule will be determined by the coaching staff. Players that are in school at JTCC in addition to the full time training will attend school during the hours they are not on court. Players are not required to go to school at JTCC to participate in the full time training program. Each player will also participate in one hour of fitness training each afternoon. A typical day for a full time player and student is:

- 8:00–10:00am School
- 10:00am–12:00pm Tennis training – Technical group drilling
- 12:00–12:30pm Lunch
- 12:30–2:00pm School
- 2:00–4:00 pm Tennis training – Competitive point and match play
- 4:00–5:00 pm Fitness training

Afternoon Champions Program: *New Practice Session from 3:00pm–5:00pm: Monday–Friday*

- Players will participate in two hours of rigorous on court training and one hour of fitness training. This program is offered five days a week. Tennis training will run from 4:00–6:00pm, and fitness will be from 3:00–4:00pm or from 6:00–7:00pm. Players can choose to attend three, four, or all five days. Players may also train on-court during the 2:00–4:00pm and 3:00–5:00pm practices with the full-time students, but participation in this practice must be approved by Vesa.

Sunday Training Sessions

- The additional training on Sunday is designed to supplement the regular training schedules of our players, but may also count as one of the three required days players must attend. Practices will be from 2:00–4:00pm, with fitness sessions from 1:00–2:00pm. The practice will be led by our regular team of JTCC Senior Coaches and fitness trainers. Again, groupings will be determined by the coaching staff.

Tournament Coaching / Match Evaluations

- JTCC coaches will travel to various section, national, and international tournaments over the course of the year to watch our players compete and provide instruction on competitive and tournament routines. The tournaments that coaches will attend (130 tournaments in 2014–15) will be communicated to both players and parents by the coaching staff.

Summer Training

- Students enrolled in the Champions Program will receive six weeks of summer training. Additional training weeks may be purchased at a member rate of \$350/week. Summer training consists of the full time schedule, Monday – Friday, from 8:00am–3:00pm or 11:00am–6:00pm, depending on the group.

Family Membership

- At the time of enrollment in JTCC, the player and all the members in the household will receive a complimentary Family Membership at the College Park Tennis Club for the period the player stays in the Champions Center. In order to enjoy the Family Membership benefits, parents must complete a Family Membership application (see enclosed membership form).

Make-up Policy

No makeups will be allowed for players who miss training days due to tournaments and/or school activities. Up to four (4) make-ups are allowed due to illness or injury, which must be documented by physician.

Important Dates for 2014–2015

September 2 nd	First Day of Fall Programming
November 27 th – 30 th	No Training for Thanksgiving
December 21 st	Last Day of Fall Programming
January 5 th	First Day of Winter Training Programming
April 5 th	No Training for Easter Sunday
April 6 th – 10 th	No JTCC School for Spring Break
May 23 rd –25 th	No Training for Memorial Day Weekend
June 5 th	Last Day of Spring Programming
June 8 th	First Day of Summer Camp

Summer Camp Policy for 2015

All players in the Champions Program for the full year will receive 6 weeks of summer camp free of charge in 2015. These free weeks can be used at any time during the course of summer training. We do expect that camps will be very full, so all players are encouraged to submit all paperwork for the weeks they will be attending as early as possible to reserve their spot in the clinics. Players that join the program mid-year will receive a proportional number of weeks relative to when they join the program.

Program Application

Please detach pages 9 – 19, complete, and return to Marco Impeduglia as soon as possible to reserve your spot in the program. All parts of all forms **must** be completed to ensure our player database is completely up to date. Incomplete applications will not be accepted.

Registration Information

Participant's Name	Date of Birth	Age	Email Address
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Mother's Name	Home Phone	Cell Phone	Work Phone	Email Address
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Father's Name	Home Phone	Cell Phone	Work Phone	Email Address
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Address	City	State	Zip Code
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USTA Number: _____

Emergency Contact:

Name	Relation to Child	Phone
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Participation Training Form

Name of Participant: _____

KNOW ALL MEN BY THESE PRESENTS:

That (I), (we), _____, parent(s) or legal guardian(s) of _____ (Minor) in consideration for the opportunity of the Minor to enroll and participate in the Junior Tennis Champions Center (Academy) for the purpose of engaging in various sports-related activities, as well as education and physical fitness, do hereby covenant with Junior Tennis Champions Center Inc. (JTCC), that (I) (we), will not individually or as legal guardian of Minor sue or bring any legal action or proceeding against JTCC, its instructors, staff, or any of their affiliates or their legal representatives or successors and assigns for or on account of any injury or damage that the Minor may sustain by virtue of or arising out of the Minor's activities or the Minor's presence at the academy, or any off site location. (I) (We) understand that participation in such activities may involve travel away from the Academy; overnight stays at hotels and other activities, which are not under the control of JTCC. These presents may be pleaded as a complete defense to any action or other proceedings which may be brought, instituted, or taken by (me) (us), our heirs or legal representatives, successors and assigns in breach of this agreement, reserving unto the right to proceed against any and all other parties which may be involved in such action or proceeding.

(I) (We) acknowledge that enrollment in the academy and participation in activities by the Minor is without assumption of responsibility or risk of any kind by JTCC and JTCC does not make any warranties of any kind with respect to such enrollment or activities. (I) (We) assume the risk of all dangerous conditions arising from and inherent in such enrollment or activities or in the transportation connected therewith, regardless of whether such transportation is arranged for or provided by JTCC and waive any and all specific notice of the existence of such conditions.

(I)(We) further agree that in case of any action being brought for or on behalf of the Minor on account of any injury or damage sustained during the Minor's enrollment at the academy and participation in activities, or in transportation connected therewith, regardless of whether such transportation is arranged or provided by JTCC, (I) (we) will be personally responsible to, and agree to repay JTCC, its instructors, staff, or any of their affiliates or their legal representatives or successors and assigns and hold each of them harmless against any amounts recovered in connection with any such action and all related costs incurred by JTCC. Furthermore, (I) (we) further agree to authorize and grant JTCC the right to use and depict the likeness, image, name, signature, and other indicia of the Minor's right of publicity (collectively "Images") in marketing current and/or future events related to JTCC.

This agreement is executed by us, not in satisfaction of any damages sustained as compensation for injuries, nor in settlement of any claim for damages. Said enrollment in the Academy is offered as consideration for this covenant and agreements contained herein. It is distinctly understood and agreed that acceptance of this covenant by JTCC is not an admission of any liability on its part and that is expressly denies any liability in any manner.

This is a joint and several obligations of the parties hereto. (I) (we) have carefully read the foregoing and understand the contents thereof. IN WITNESS WHEREOF, (I) (WE) have hereunto set out signatures this _____ day of _____, _____.

Print Parent Name

Signature of Parent

Date

WAIVER & RELEASE FORM

Participant hereby agrees to this Waiver and Release as a condition of his/her participation in Junior Tennis Champions Center ("JTCC") programs, activities, tournaments or events relating thereto including any travel in connection therewith ("Program"). Participant certifies that he/she has no health conditions or defects that would prevent my safe participation in the Program.

PARTICIPANT HEREBY RELEASES, DISCHARGES AND HOLDS HARMLESS JUNIOR TENNIS CHAMPIONS CENTER ("JTCC") AND COLLEGE PARK TENNIS CLUB, THE VENUES OF THE PROGRAM, AND EACH OF THEIR RESPECTIVE AFFILIATES, SECTIONAL ASSOCIATIONS, OFFICERS, DIRECTORS, AGENTS, EMPLOYEES, VOLUNTEERS, REPRESENTATIVES, MEMBER ORGANIZATIONS, SPONSORS, SUCCESSORS AND ASSIGNS (COLLECTIVELY, THE "RELEASEES") FROM AND AGAINST ANY AND ALL CLAIMS, DEMANDS, DAMAGES, CAUSES OF ACTION, PRESENT OR FUTURE, WHETHER KNOWN OR UNKNOWN, ANTICIPATED OR UNANTICIPATED, RESULTING FROM OR ARISING OUT OF PARTICIPANT'S PARTICIPATION IN THE PROGRAM, AND PARTICIPANT DOES HEREBY COVENANT AND AGREE THAT HE/SHE WILL NOT SUE OR OTHERWISE MAKE ANY CLAIM AGAINST RELEASEES FOR ANY REASON.

Participant hereby irrevocably consents, in perpetuity, throughout the world, to the use of his/her name, voice, image and/or likeness in any live or recorded transmission, recording, or photograph taken of Participant during the Program, published, produced, broadcasted or otherwise disseminated by Releasees in any and all media now existing or hereafter discovered or developed. Participant consents to all such uses without any further compensation or other consideration becoming due to Participant.

CONSENT TO MEDICAL TREATMENT & RELEASE: Participant consents that the Releasees may, but have no duty, to provide him/her, through personnel of their choice, assistance, transportation, and/or emergency medical services in the event Participant sustains any injury while participating in the Program. Participant further understands that he/she will be responsible for payment of any such medical care. Participant's participation in the Program is without assumption or responsibility of any kind by the Releasees for any Program in which he/she may be entered or may participate. In consideration of the acceptance of his/her participation, Participant hereby for and on behalf of his/herself, and his/her heirs and legal representatives release and forever discharge the Releasees from any and all claims and damages, losses or injuries which may be suffered or sustained by Participant in connection with the Program, and all claims are hereby waived and released, and Participant covenants not to sue therefore. Participant hereby agrees to abide by all applicable rules and regulations and codes of JTCC and/or the same as may be adopted by JTCC from time to time and hereby consents to be tested for drugs pursuant to the provisions thereof.

This Waiver and Release is governed by and enforceable in accordance with the laws of the State of Maryland without giving effect to the principles of the conflicts of law for that State and the parties submit to the exclusive jurisdiction of the Maryland Courts, County of Prince George County. If any provision of this Waiver and Release should be adjudged illegal, invalid or unenforceable, the remaining provisions shall remain in full force and effect.

I hereby represent that, if this form is not signed by my parent or guardian, I am eighteen (18) years of age or older. By participating in the Program, I acknowledge that my electronic signature is authentic and a valid form of acceptance.

Participant's Name (print): _____

Age (required only if Participant is under 18): _

Participant's Signature: _____

Date: _____

RULES OF JTCC PLAYER CONDUCT

Behavior Rules

Junior Tennis Champions Center ("JTCC") expects players to come to our program mentally and physically prepared to learn and develop their games to the highest level. We expect players to be responsible, self-motivated, and hard working individuals. All JTCC sponsored activities (program, tournament, camp, etc.) are designed to develop players to the highest level competition that he/she can achieve. All activities are taken seriously in furtherance of their development. Every player is expected to:

1. Strive to make the most of this opportunity for learning, both on and off the tennis court;
2. Be considerate and respectful of the coaches, teachers, staff and other players;
3. Respect the opportunities that students are offered here; and
4. Be positive and supportive of player

General Rules

1. Players are expected to stay with JTCC players at all times and must inform the coaches and teachers as to their whereabouts at all times. Any deviation from the normal circumstances requires permission from the coaches, teachers or parents (approved written release) in advance;
2. Smoking, use or possession of drugs or alcohol, gambling, use of profanity and cheating are strictly prohibited;
3. When under the supervision of JTCC coaches, teachers or staff, players are prohibited from driving a motor vehicle or riding with someone who has not been approved by JTCC;
4. Players will wear appropriate tennis attire to all tennis related functions (practice, matches, etc.); and
5. Any player who violates the above rules shall be subject to disciplinary measures.

Housing Rules

1. Male and female players are not allowed in each other's housing units at any time without staff permission;
2. Players are expected to abide by the curfew set by JTCC Coaches while at program and tournament housing;
3. Players will be expected to leave the housing units in the same condition that they were found and shall be kept presentable during the week. Room inspections will be held periodically throughout the program and tournament. *All players will be held financially responsible for damages sustained in the housing units;*
4. Players must travel and stay with the group during the entire program and tournament. Special transportation and housing arrangements with parents, other players or friends are not allowed unless approved in advance in writing by the JTCC;
5. Use of any flammable devices is prohibited;
6. Players are expected to look presentable during meals and may not wear provocative clothing at any time; and
7. Players are expected to clean up after themselves at all times.

Failure to comply with any of the above rules of conduct may:

1. Result in notification of parents;
2. Result in the player being sent home immediately. The decision of the JTCC Coaching Staff is final in this respect;
3. Result in suspension or dismissal from all JTCC programs and/or tournaments;
4. Result in loss of future opportunities to travel with the JTCC team;
5. Result in the performance of an appropriate task(s), such as a written explanation and accounting of the incident.

I have read and understand the Rules of Player Conduct and will adhere to them while attending the event.

Player Signature

Parent/Legal Guardian Signature Personal Coach

Date

Pricing & Billing Information

Billing for JTCC programming is due during the second week of each month. JTCC will store credit card information on file and process payment automatically for the monthly tuition on the 12th of the month. It is also possible to pay by check **before the 12th of every month**. Players with an outstanding balance for more than 30 days will be subject to removal from practice. Siblings participating in the JTCC program are eligible for a 15% discount.

Program Pricing – Please mark appropriate programs

Full Time Program (two practices per day, five days per week and fitness)	\$29,150 (\$2,915/month)	<input type="checkbox"/>
School Program (September – June) – Laurel Springs School course fees are not included	\$7,950 (\$795/month)	<input type="checkbox"/>
Extended School Program (July – August) – Laurel Springs School extended course fees are not included – extended school program only for players who register for the school program from September – June	\$900 (\$450/month)	<input type="checkbox"/>
Housing	\$9,540 (\$954/month)	<input type="checkbox"/>
After School Program – five (5) days per week and fitness	\$19,080 (\$1,908/month)	<input type="checkbox"/>
After School Program – five (5) days per week and fitness with one (1) day of training on Sunday	\$18,285 (\$1,828.50/month)	<input type="checkbox"/>
After School Program – four (4) days per week and fitness	\$17,490 (\$1,749/month)	<input type="checkbox"/>
After School Program – four (4) days per week and fitness with one (1) day of training on Sunday	\$16,695 (\$1,669.50/month)	<input type="checkbox"/>
After School Program – three (3) days per week and fitness	\$15,900 (\$1,590/month)	<input type="checkbox"/>
After School Program – three (3) days per week and fitness with one (1) day of training on Sunday	\$15,105 (\$1,510.50/month)	<input type="checkbox"/>
Drop-In Weekly Rate	\$1,000/week	<input type="checkbox"/>
Drop-In Daily Rate	\$195/per day	<input type="checkbox"/>

Total Program Tuition Due \$ _____

Monthly Payment Due (Total tuition divided by 10) \$ _____

Payment Policy

- **A 1-month non-refundable deposit is payable upon acceptance to reserve a place. (The deposit is credited towards the annual tuition for June's payment)**
- Housing includes: accommodations, 2 meals per day (breakfast/dinner), tennis training, and local transportation to and from the center.
- Late payments will incur a 2% service charge.
- Penalty fee will be charge to declined credit cards
- Billing for JTCC programming is due during the second week of each month. JTCC will store credit card information on file and process payment automatically for the monthly tuition on the 12th of the month.
- The academic school needs to be paid separately

I hereby agree to and understand the payment policy stipulations stated above:

Signature: _____ Date: _____

Payment Authorization Agreement – Required

American Express ____ Master Card ____ Visa ____ Discover ____

Name on Card: _____ Card Number: _____ Exp Date: _____

I have enrolled my child in the Champions Program at the Junior Tennis Champions Center and accept full responsibility for all fees and expenses associated with the program. I hereby authorize the JTCC to process payment for tuition expenses by drafting my credit card account on the 12th day of each month as agreed to above. I understand that other associated charges authorized by me can also be included in this payment. It is my responsibility to ensure that the payment information listed above is current and valid. I agree to pay a \$20 service charge, which will be added to my next payment, if the credit card company, for any reason, does not process a payment. This service charge can be charged at management's discretion. My child may not participate in the program until full payment has been received. Should my child withdraw from the program, I will be billed until the Champions Center receives **sixty (60) days written notice.**

I agree with all the terms included in this contract:

Parent Signature

Date

Schedule Form: Champions Program

STEP 1: Please select the Champions Program, in which you are enrolled:

- Champions Five Days per Week
- Champions Four Days per Week
- Champions Three Days per Week

STEP 2: Please select the days and times you would like to participate in the Champions Program. **Note: Available spots will be filled on a first-come-first-served basis. All players must receive permission from Vesa to practice from 2-4pm or 3-5pm.**

	Tennis & Fitness
Mon	<input type="checkbox"/> Tennis training from 2 - 4pm or 3-5pm
	<input type="checkbox"/> Tennis training from 4 - 6pm
Tue	<input type="checkbox"/> Tennis training from 2 - 4pm or 3-5pm
	<input type="checkbox"/> Tennis training from 4 - 6pm
Wed	<input type="checkbox"/> Tennis training from 2 - 4pm or 3-5pm
	<input type="checkbox"/> Tennis training from 4 - 6pm
Thur	<input type="checkbox"/> Tennis training from 2 - 4pm or 3-5pm
	<input type="checkbox"/> Tennis training from 4 - 6pm
Fri	<input type="checkbox"/> Tennis training from 2 - 4pm or 3-5pm
	<input type="checkbox"/> Tennis training from 4 - 6pm
Sun	<input type="checkbox"/> Tennis and fitness from 1 - 4pm

Print Player's Name

Date

Parent/Guardian Signature

Medical Information

Name of Participant_____

Emergency Contact Information

Primary Contact_____

Relation to Player_____

Daytime Phone_____

Evening Phone_____

Backup Contact_____

Relation to Player_____

Daytime Phone_____

Evening Phone_____

Insurance Policy Information

Policy Holders Name_____

Date of Birth_____

Relation to Player_____

Insurance Company_____

Policy number_____

Plan Number_____

Insurance Company Phone Number_____

SSN _____

Medical Treatment Consent

Permission is granted for full athletic participation in the Junior Tennis Champions Center program, in accordance with the recommendations of the physician completing this form. I consent to examination and treatment of my child by a qualified physician and or hospital emergency room. I also understand that neither the Junior Tennis Champions Center, nor anyone connected with the Junior Tennis Champions Center will assume any responsibility for accidents or illness incurred by my child while participating in the program. I agree to assume sole responsibility for payment of any and all medical, dental, or other expenses incurred as a result of such illness and /or injury.

Parent/Guardian Signature

Print Name

Date

Champions Program Medical Release

Name of Participant _____

Medical History and Immunization Dates

Does the player have any of the following - if yes, please explain below.

Drug Allergies _____

Food Allergies _____

Allergies to insect bites _____

Special dietary needs _____

Asthma _____

Frequent headaches, dizziness, or seizures _____

Other health problems or limitations of activities _____

Taking medications? _____

Will the player be taking any specific treatment while participating in the program?

Please explain any yes answers here: _____

Dates of Immunizations

Measles _____

Mumps _____

Rubella _____

or MMR _____

Polio Series Completed _____

Date of last medical checkup _____

Last tetanus (DPT, YD, TD) _____

Physician's Information

Physician name _____

Physician Address _____

Telephone Number _____

I have examined the above named player and found she/he to be free from infectious and contagious disease and qualified for full participation in the program.

Physician's signature _____

Print Name _____

Date _____

Junior Tennis Champions Center CPTC Membership Agreement

I/We wish to become members of the College Park Tennis Club and provide the following information as part of the application.

Name(s)
Phone

Home Phone

Work

Address

City

State

Zip Code

Email Address

Emergency Contact Name and Phone

MEMBERSHIP TYPE

JTCC MEMBERSHIP

Membership # _____

Key tag # _____

Family Members: Please include members of household and Dates of Birth

1) _____

3) _____

Conditions of Membership

- Change in Type of Membership:** A member may change membership type by completing the appropriate form and submitting it to the CPTC management.
- Membership Renewal and Termination:** All members agree to abide by all Policies, Rules and Procedures of the CPTC, which are subject to change without notice. All members agree to maintain their membership for a minimum of 12 months. After the end of that first year, membership will automatically renew on a month -to -month basis. After completing that first year of membership, a member may terminate their membership with 30 days notice, by notifying the CPTC in writing, by certified mail, fax, email or delivered in person.
- Suspension or Extension of Membership:** During the first year of membership the CPTC will allow a suspension of dues or the extension of this agreement, with written documentation, as a result of relocation more than 50 miles away, loss of job, disability do to injury, illness, or pregnancy. The collection of dues will be suspended and the membership contract will be extended for up to three months. Before a suspension of membership can be approved all current fees must be paid and the

appropriate form with written verification must be completed and submitted to the CPTC. Suspension of membership is not provided retroactively.

4. **Collection Fees:** There will be a \$20 administrative fee added to a member's account if payment of any form is returned for any reason.
5. **House Charges:** The CPTC allows members to charge fees to their house account, which will be charged with their next electronic payment of membership dues. If a member uses the resources of the facility (courts, lessons, clinics, etc.) and no payment is received, management reserves the right to automatically charge their account.
6. **Health Warranty:** Each member represents to the CPTC that he/she is physically fit to perform all of those activities which he/she undertakes at the CPTC and that he/she understands all health risks associated with such activities. Each member understands that any evaluation or assessment of his/her physical fitness and any recommendation of activities made by the CPTC is not and will not substitute for obtaining such evaluation, assessment or recommendation from his/her physician before undertaking a physical exercise program or engaging in any of the activities at the CPTC. Each member warrants and represents that he/she has no disability, impairment or ailment that would prevent him/her from engaging in physical exercise or that would be detrimental to his/her health, safety, or physical condition or to that of others, if he/she so engages or participates in activities held at the CPTC.
7. **Guest Policy:** A nonmember may accompany a member three times a year, but is limited to one visit every thirty days. The indoor guest fee is \$10 and the outdoor guest fee is \$5. The fee is waived if the nonmember is taking a lesson or participating in a group clinic.
8. **Cancellation Policy:** The CPTC requires a 24-hour notice when canceling a reservation for courts and lessons. Members will be charged 50% of the appropriate fee if sufficient notice is not provided for cancellation.
9. **Change of Address and Communication:** All members must notify the CPTC of any address, phone or name changes. Failing such notice, all communication shall be presumed to have been received within 5 days after mailing to address on record.
10. **Waiver of Liability:** All persons listed on the membership agreement understand that the foregoing waiver of liability will apply to any and all claims against the College Park Tennis Club, the Junior Tennis Champions Center, Maryland National Capital Park and Planning Commission and/or its owners, shareholders, officers, directors, employees, agents or affiliates (collectively "CPTC Affiliates") for any such personal injuries, property loss, or other damages connected to or arising out of any of these risks: *I, and all others on the membership agreement, on behalf of myself and my heirs, executors and administrators, fully and forever release and discharge the CPTC and the CPTC Affiliates, from any and all claims, damages, demands, rights of action or causes of action, present or future, known or unknown, anticipated or unanticipated, resulting from or arising out of my attendance at or use of the CPTC or my participation in any of the CPTC's activities or programs, including those which arise out of the negligence of the CPTC and/or the CPTC Affiliates. Further, I release and discharge the CPTC and the CPTC Affiliates from any and all liability for any loss, theft of or damage to personal property, including without limitation automobiles and the contents of lockers.*

Member Signature (Parent/ Guardian signature for minor/student member)

Date

Fitness Training Consent Form

Name of Participant: _____

Fitness training is an important aspect of the Junior Tennis Champions Center (JTCC) player development program. The purpose of the fitness program is to develop the player's aerobic fitness, flexibility, speed, strength, and agility.

In signing the consent form, I state that I understand that participation in the JTCC is voluntary and undertaken without assumption of responsibility of any kind by the JTCC. I hereby waive all claims against the JTCC for any injuries of any kind or description arising from participation in this program.

Parent/Guardian Signature _____ Date _____

Printed Name _____

Player Signature _____ Date _____

Printed Name _____

Community Service Consent Form

Name of Participant: _____

Community Service is an important aspect of the JTCC player development. This is an opportunity for our players to use their expertise in tennis to benefit others while gaining valuable experience that will develop their mentoring and leadership skills. We believe very strongly our players should be spreading the love of the game of tennis, and giving back to the game that has given so much to them.

In signing the consent form, I state that I understand my commitment to complete the required 30 hours of community service, and recognize that participation in JTCC Community Service projects is voluntary and undertaken without assumption of responsibility of any kind by the JTCC. I hereby waive all claims against the JTCC for any injuries of any kind or description arising from participation in this program, and grant permission for my child to participate in JTCC community service projects under the supervision of JTCC coaches and staff.

Parent/Guardian Signature _____ Date _____

Printed Name _____

Player Signature _____ Date _____

Printed Name _____

Disciplinary Policy

We have a “three strikes and you’re out” policy for all Champions Program students:

1st Violation: Warning

2nd Violation: Student will be asked to leave the practice for the day

3rd Violation: Student will be suspended for the week, or expelled, with a recommendation for no re–invitation the following year

There will be **NO REFUNDS** when a student is suspended or expelled for a violation.

Violations may include but are not limited to the following:

- Audible or Visible Obscenity
- Verbal Abuse of a Coach, Player, or Staff Member
- Physical Abuse of a Coach, Player, or Staff Member
- Abuse of Racquets, Balls, Equipment, or the Club Facility
- Unsportsmanlike Conduct

I, _____, understand the disciplinary policy and will adhere to rules and regulations set forth by College Park Tennis Club and Junior Tennis Champions Center staff.

Printed Name of Student

Printed Name of Parent

Signature of Student

Signature of Parent

Date

Date